

# CYBER HYGIENE E-LEARNING COURSE

Basic security rules in the digital environment

Did you know that there is a cyber-attack every **39 seconds**, and since the start of the COVID-19 pandemic, there has been a **300% increase** in reported cybercrimes?

## > ABOUT THE COURSE:

Developed in partnership with local Ukrainian experts at companies such as Ernst and Young (Y&E) and Technomatix (TMX), this free course will help students learn about the main threats in the digital space, understand the type of personal information that hackers target, and learn tips for protecting personal data, electronic devices, and information resources.



## WHY SHOULD I TAKE THIS COURSE?

- ✓ To learn the basic rules for protecting information on mobile phones, computers and social networks
- ✓ To identify fake news sources and common user mistakes in the digital space
- ✓ To learn how to prevent cyber fraud



## WHAT DOES THE COURSE LOOK LIKE?

**60** MINUTES

**10** ANIMATED TRAINING  
VIDEO MODULES  
(5-7 Minutes Each)

**1** FINAL TEST COVERING  
ALL MODULES



## WHAT ARE THE BENEFITS FOR ME?

- Gain new skills in cyber hygiene and stay safe online
- Earn a personal certificate
- Get additional rewards if you score exceptionally well at final test



## HOW DO I REGISTER?

Visit > [cybereducation.org](https://cybereducation.org)

Registration  
is FREE!

*Note: The course does NOT require prior technical training/knowledge of cybersecurity*



## ELIGIBILITY:

Current and future students of this university are eligible to register from **January 2021 - March 2021**.

FOR ADDITIONAL QUESTIONS AND TECHNICAL SUPPORT PLEASE CONTACT:

[cyberhygiene@crdfglobal.org](mailto:cyberhygiene@crdfglobal.org) | [support@tmx-learning.com](mailto:support@tmx-learning.com)



This course is a part of CRDF Global's cybersecurity programming in Moldova and Balkans, implemented with support from the U.S. Department of State's Office of the Coordinator of U.S. Assistance to Europe and Eurasia.

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