

1.	Subject	MEDICAL PSYCHOLOGY AND SOCIOLOGY			
2.	Code	OM 114			
3.	Study Program	General medicine			
4.	Organizing Institution (Unit, Institute, Chair, Department)	UKIM-Faculty of Medicine University Clinic of Psychiatry, Skopje, Belgradska b.b. Department of Psychiatry and Medical Psychology,			
5.	Educational degree (first or second cycle)	Integrated cycle			
6.	Study year /semester	first/first	7.	Number of credits	5
8.	Responsible teacher	Prof. dr. Marija Raleva			
9.	Preconditions:	none			
10.	Teaching goals of the study program (competencies):	<ul style="list-style-type: none"> • To introduce students with the basics of Medical Psychology and Medical Sociology: (basic concepts, psychological processes , psychological factors in health and illness) • To enable the students to develop communication skills, establishing contact with the patient and the practical application of these skills • To provide skills and knowledge for applying biopsychosocial approach to diagnosis and treatment of patients • To provide skills and knowledge for exploring social determinants of health and the meaning of health and illness in the social context 			

11. **Contents of the study program:**

Theoretical course:

Psychological processes across the life span

- Consciousness and sleep – levels of awareness
- Senses and perception – the interpretation of sensory stimuli
- Attention – selection of information, planning
- Cognitive development – the changes in the capacities of the individual as a function of age and experience from birth to adulthood
- Cognitive aspects of ageing – the changes as a function of age and experience during later life
- Socio-emotional relationship across the life span
- Attachment
- Learning – interaction with the environment, stable change in behaviour or understanding
- Memory – the cognitive processes of encoding, storing and retrieving information as a function of age
- Language and speech
- Development and personality structure, theories of personality development
- Psychological defense mechanisms and their function

Psychological factors in health and illness

- Biological basis of behavior (genes and behavior)
- Mental health and mental illness
- Psychological factors in health promotion and illness prevention
- Psychological interventions – interventions to change behaviour, modify risk, and improve outcomes

	<ul style="list-style-type: none"> • Psychological processes in disease – pathways and mechanisms from psychological states to disease end points • Psychological aspects of pain <p>Psychological responses to illness</p> <ul style="list-style-type: none"> • Emotional, cognitive and behavioural responses to illness • Coping with illness – adjusting behaviour or thoughts to reduce effects of an acute or chronic illness • Psychological stress and trauma • Death, dying and bereavement • Burn out syndrome <p>Psychological counseling</p> <p>Social determinants of health and illness:</p> <ul style="list-style-type: none"> • Social norms, social biography, healthy lifestyles, self-care • Social structure, social inequalities, social stress and coping • Violence and health : ecological model, risk and protective factors • Social change and the meaning of gender, sexuality, suicide, mental illness, disability, death <p>Practical course:</p> <p>Human communication and communication skills training</p> <ul style="list-style-type: none"> • Meaning of communication • Interaction doctor-patient: compliance, health education and difficulties in communication • Leadership and teamwork • Social processes shaping professional behavior Psychological response to illness • Response of the patient to the illness • Response of an ill child • Patient with acute illness • Patient with chronic illness • Psychological profile of the personality of the patient 				
12.	Methods of studying: Interactive lectures, tutorials / workshops, seminars				
13.	Total no. of hours: . . . hours 75				
14.	Distribution of the available time				
15.	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Type of educational activity</td> <td style="width: 10%;">15.1</td> <td style="width: 40%;">Lectures-theoretical course</td> <td style="width: 20%;">38 hours</td> </tr> </table>	Type of educational activity	15.1	Lectures-theoretical course	38 hours
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		15.2	Practicals (laboratory, clinical), seminars, team work	Practicals 28 hours Seminars: 10 hours
16.	Other types of activities	16.1	Project assignments	. . . hours
		16.2	Individual tasks	. . . hours
		16.3	Home studying	. . . hours
17.	Assessment of knowledge:			
	points			
	17.1	Tests	3 Continuous tests <ul style="list-style-type: none"> • Test 1 • Test 2 	min.-max. total... points 22 – 40 points 22 – 40 points
	Final exam		min.-max.	

			Oral exam	44-80 points
	17.2	Seminar work/project (presentation: written and oral)	Seminar works	5-10 points min.-max.
	17.3	Active participation	Theoretical course Practical course	min.-max. points 1-3 points 4-7
18.	Knowledge assessment criteria: (points/grade)	up to 59 points		5 (five) F
		60 to 68 points		6 (six) E
		69 to 76 points		7 (seven) D
		77 to 84 points		8 (eight) C
		85 to 92 points		9 (nine) B
		93 to 100 points		10 (ten) A

19.	Criteria for obtaining a signature and taking the final exam	Conditional criteria for assessment of knowledge: To obtain a signature the student should regularly attend the theoretical as well as practical course and seminars. The continuous knowledge assessment is not obligatory, the student may directly attend the final exam. Passed first test is a precondition to attend the second exam . Students who have passed both tests are not attending the final exam. Student who haven't passed the first test or haven't attended the first test are obliged to attend the final exam. Assessment of the overall performance is obtained based on the sum of points from overall activities, including the tests or the final exam			
20.	Language of the course	Macedonian			
21.	Method for evaluation of the quality of education	Anonymous student's evaluation of the subject, teachers and collaborators involved in the educational activities			
22.	Literature				
	Mandatory textbooks				
		Author	Title	Publisher	Year
	1	Chadlovski G, Filipovska A, Belevska D.	Medical Psychology	Prosvetno Delo, Skopje	2004
	2		Authorised lectures		
	3		Practicum of exercises in Medical Psychology and Sociology	In preparation	
	4	Branislav Sarkanjac & Stefan Kostovski	Sociology of Health and Illness	Faculty of Philosophy, Skopje	2010
	5				
	6				

	7				
22.2	Additional literature				
	Author	Title	Publisher	Year	