

Subject	FIRST AID
Study program	SMS-t, SRT, SF, SL
Code	I, 1
Academic year	Optional
Semester	Winter / Summer
Total hours	15
Credits	1
Type of subject	Optional
Prerequisites	None
Performed by	Department of Anesthesiology Reanimation and Intensive Care
Responsible Educator	Prof. dr. Mirjana Shosholcheva
Address	University Hospital for Surgical Diseases St. Naum Ohridski 1000, Skopje
Keywords	Medical faculty, Undergraduate studies, Elective subject, First aid
Educational goals	Introducing the basics of first aid and the basic skills for basic life support. Students are familiarised with the principles and skills of first aid during conditions such as unresponsiveness and severe bleeding.
Summary (excerpt)	<p>Academic lectures:</p> <ul style="list-style-type: none"> <li>What is first aid: an introduction, meaning and methods.</li> <li>Conditions that lead to the need of providing first aid and assessment of the state of: awareness, breathing, circulation, injuries and degrees of health disorders</li> <li>Basics of cardio - pulmonal resuscitation - CPR</li> <li>Life support</li> <li>Asphyxia and other conditions of impaired breathing</li> <li>Poisoning</li> <li>Other types of emergency conditions</li> <li>Pain</li> <li>Effects of low and high temperatures</li> <li>First aid in mass disasters</li> <li>First aid and transport during unconsciousness</li> </ul>
Organization	The lectures will be held in the form of a two-day intensive course
Methods of Learning	Listening, demonstration, hands-on acquisition of skills, discussion and consultation with the educators
Specific recommendations	The student is responsible actively to monitor all the planned activities that will win him credits and the final grade. Conditional criteria: The student is required to pass a test to get a credit, and the final grade is determined by the points obtained from the presence, activity, practical education and test. Student assessment is descriptive (passed)
Teaching aids	<p>Basic:</p> <p>First aid - authorized lectures by the professors of the Anesthesiology, Reanimation and Intensive Care: Prof. M.Shosholcheva, Prof. Z. Nikolova Todorova</p>