

Subject	INTRODUCTION TO PHYSIOTHERAPY
Study program	Three years professional study for graduated physiotherapist
Code	SF-112
Year of study	First
Semester	First
Total number of classes	45
Credits	4
Type of subject	Obligatory
Preconditions	There aren't any
Executed by	Chair (Catheda) of Physical Medicine and Rehabilitation
Responsible Teacher	Associate Professor Erieta Nikolij-Dimitrova, M.D., Ph.D.
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Key words	Study for physiotherapists, professional subjects, physiotherapy
Goals of study	<p>-To acquire knowledge of the international classification of functioning, disability and health</p> <p>To acquire basic knowledge of rehabilitation as a complex process, get to know its essence, methods and techniques that are applied</p> <p>To learn the basic terms, division, meaning and purpose of medical rehabilitation</p> <p>To learn about the teamwork in rehabilitation, as well as the role of all members of the team for rehabilitation</p> <p>-To get to know the competences and responsibilities in his/her profession</p> <p>-To learn about the organizational models in physiotherapy, and the supply in the space for physiotherapy</p> <p>- To develop the skills for teamwork or the professional relationship between a physiotherapist and a doctor specialist in physical medicine and rehabilitation (physiatrist) and the other team members.</p>
Class descriptions (brief content)	<p>Theoretical instructions (30 lessons):</p> <ul style="list-style-type: none"> - History of Physical Medicine and Rehabilitation - Definition and division of physical medicine and rehabilitation - Impairment, disability and handicap (handicap) - Types of impairments that can lead to disability and handicap - Functioning, disability and health - Therapeutic and rehabilitative activities - Teamwork in rehabilitation - Psychosocial activity in rehabilitation -Basic knowledge of physical therapy, its objectives, tasks, types, basic principles, indications, contraindications - Basic principles in rehabilitation - Basics of work therapy and its role in rehabilitation

	<ul style="list-style-type: none"> -Assessment of a patient by a physiotherapist - Physiotherapy in the community and primary health care - Physio prophylaxis Practical instructions (15 lessons): <ul style="list-style-type: none"> -Training the physiotherapist for teamwork in rehabilitation - Introduction to the basic methods in physiotherapy to people with disabilities and impairment 										
Organization	Theoretical instructions: 30 lessons Practical instructions: 15 lessons										
Methods of Learning	Lectures, classes of practical instruction										
Provided study results	Knowledge and understanding: The student will acquire knowledge for the basics of physical medicine and rehabilitation, the post, role and activities of the physiotherapist. The student will be able to be engaged in the teamwork for rehabilitation of patients with disability and impairments Key skills: The student will apply the principles of physical medicine and rehabilitation in his/her activity										
Specific recommendations for instruction	<p>The student is obligated to take part in all provided activities, including participation in continuous knowledge examinations in order to get a signature.</p> <p>Ranking the student's activities:</p> <table border="1"> <thead> <tr> <th>Type of activity</th><th>Points</th></tr> </thead> <tbody> <tr> <td>Theoretical instruction *</td><td>2.5 - 10</td></tr> <tr> <td>Practical instruction**</td><td>7.5 - 15</td></tr> <tr> <td>Final examination</td><td>50 - 75</td></tr> <tr> <td>Total:</td><td>60-100</td></tr> </tbody> </table> <p>* Presence at theoretical instruction: 51% - 60% - 2.5 points 61% - 70% - 4 points 71% - 80% - 5 points 81% - 90% - 7 points 91% - 100% - 10 points</p> <p>** Practical instruction: every practical lesson brings 1 point (15 lessons) presence – 0.5 points activity at practical lesson – 0.5 points</p> <p>Continuous examination (colloquium) Not available because of the block teaching classes</p> <p>Final examination:</p>	Type of activity	Points	Theoretical instruction *	2.5 - 10	Practical instruction**	7.5 - 15	Final examination	50 - 75	Total:	60-100
Type of activity	Points										
Theoretical instruction *	2.5 - 10										
Practical instruction**	7.5 - 15										
Final examination	50 - 75										
Total:	60-100										

	<p>The exam is carried out in the exam sessions (January/February, June/July, and/or August/September). It consists of a multiple choice test.</p> <p>Forming the complete grade: The grade for the entire examination is formed in accordance with the table of grades, and on the basis of the sum of points collected from all the activities</p> <p>PART-TIME STUDY These studies complete 40% of the foreseen theoretical and practical teaching classes.</p> <p>The examination is performed in EXAM SESSIONS and consists of: - Multiple-choice test The grade of the complete exam is formed according to the table of grades, and on basis of the sum of points gained from all the activities.</p>
Learning materials	<p>Basic: Textbook - Erieta Nikolikj-Dimitrova. Voved vo fizioterapija (Introduction to Physiotherapy). Laserjet, Skopje, 2007</p>