

1.	Subject	<b>MEDICAL DIETETICS</b>		
2.	Code	DA – 323		
3.	Study program:	Three-year professional studies for graduate obstetricians		
4.	Conducted by	UKIM – Medical Faculty Department of Internal Medicine		
5.	Degree of education (first or second cycle)	First cycle		
6.	Academic year/semester	III/VI	7.	Credits 2.0
8.	Professor	Head of the Department: Prof. d-r Ljubica Georgievska – Ismail *the lessons are held by professors of multiple departments (Internal medicine, Anesthesiology, Gynecology, Infectious Diseases)		
9.	Prerequisite	Enrolled in the semester		
10.	Goals	The students get acquainted with: <ul style="list-style-type: none"> <li>- Elementary nutrients and nutritional products</li> <li>- Nutritional assessment and determining the nutritional needs</li> <li>- Metabolism of food in normal and special conditions</li> <li>- Special meal plans in case of certain diseases and conditions</li> <li>- Allergies, food poisoning, interaction between food and certain medications</li> </ul>		
11.	Content summary: Theoretical lessons (30 lessons): Elementary part: Foundations of medical dietetics, food compositions and type of diets, food metabolism, absorption, digestion, healthy food, diets Specialized part: History and food culture during pregnancy and lactation, the role of the placenta in the nutrition of the fetus Nutritional needs in pregnancy and during lactation, Body weight during pregnancy Special meal plan of a pregnant woman and a woman who breastfeeds, Feeding the baby Seminars (15 lessons): Feeding the baby Interactive workshops			
12.	Teaching methods: interactive lessons, practical lessons			
13.	Total classes:	45		
14.	Organization			
15.	Types of teaching activities	15.1	Lessons: theoretical classes	30
		15.2	Practical lessons, seminars	15
16.	Other types of activities	16.1	Practice	
		16.2	Self-supporting practice	
		16.3	Learning at home	20
17.	Knowledge assessment		Points	
	17.1	Mid-term exams	First mid-term exam	Min. – max. 27 - 45

			(30 questions: every correct answer gives 1.5 points. Minimum of 60% correct answer)
	17.2	Final exam	Min. – max. Second mid-term exam 27 - 45 (30 questions: every correct answer gives 1.5 points. Minimum of 60% correct answer)  Complete final exam: exam of the failed mid-term exam
	17.3	Paper/project (oral presentation)	
	17.4	Active participation	Min. – Max Theoretical lessons points 3 - 5 Practical lessons points 3 - 5 Attending 70% of the lessons – 3 points Attending 80% of the lessons – 4 points Attending 90% of the lessons – 5 points
18.	Grading criterion (points/grades)	Up to 59	5 (five) F
		60-68	6 (six) E
		69-76	7 (seven) D
		77-84	8 (eight) C
		85-92	9 (nine) B
	93-100	10 (ten) A	
19.	Requirements for obtaining a signature and attending the final examination	To obtain a signature the student must gain minimum points from attending the theoretical and practical lessons, and the seminars. The final grade for the subject is formed according to the table for grading, and is based on the sum of the points from all the activities and the mid-term exams.	
20.	Language	Macedonian	
21.	Method of evaluating the quality of the lessons	Students' anonymous evaluation of the subjects, the professors and collaborators who hold the lessons.	
22.	Literature:		
	22.1	Mandatory literature	
		1.	Mishevskva P., et al., Medical Dietetics, Medical Faculty, Skopje, 2016
	22.2	Additional literature	
	1.	Authorized lectures from the professors	