

1.	Subject	OBSTETRICAL PSYCHOLOGY AND MENTAL HEALTH			
2.	Code	DA – 316			
3.	Study program:	Three-year professional studies for graduate obstetricians			
4.	Conducted by	UKIM – Medical Faculty Department of Psychiatry and Medical Psychology			
5.	Degree of education (first or second cycle)	First cycle			
6.	Academic year/semester	III/V-VI	7.	Credits	2
8.	Professor	Prof. d-r Slavica Arsova			
9.	Prerequisite	Pass all the exams of I year			
10.	Content summary – theoretical lessons	<p>Theoretical lessons – Medical psychology in Obstetrics (V semester)</p> <ol style="list-style-type: none"> 1. Medical psychology and psychopathology 2. Psychic functions 3. Personality structure and development 4. Personality development through the life cycle stages 5. Anxiety 6. Stress and defence mechanisms 7. Workplace stress and mobbing <p>Theoretical lessons – Mental health (VI semester)</p> <ol style="list-style-type: none"> 1. Mental health: definition, risk factors, protection factors and levels of prevention 2. Mental health and maternity 3. Signs and symptoms of mental disorders, with special attention to the symptoms and signs during pregnancy and maternity 4. Neurocognitive disorders 5. Misapplication and addiction to psychoactive substances in pregnancy and maternity 6. Psychosis and psychosis during pregnancy and puerperium 7. Affective disorders in pregnancy and puerperium 8. Suicide and suicidal behavior 9. Neurotic and stress related disorders 10. Personality disorders 11. Treatment of a psychiatric patient 			
11.	Content summary – Practical lessons – Medical psychology in obstetrics (V semester)	<ol style="list-style-type: none"> 1. Patient's reaction to illness 2. Obstetrician – patient/mother relationship 3. Communication and communication skills 4. Solving conflicts 5. Occupational burnout and mobbing <p>Practical lessons – Mental health (VI semester)</p> <p>Introductory seminar in a psychiatric unit, interviewing patients, taking medical history and planning intervention activities to patients with mental disorders</p>			
12.	Teaching methods: theoretical lessons				
13.	Total classes:	60			
14.	Organization	15 theoretical lessons, 15 lessons seminars (V semester) 15 theoretical lessons, 15 lessons seminars (VI semester)			
15.	Types of teaching activities	15.1	Lessons:		

			theoretical classes	
		15.2	Seminars	
16.	Other types of activities	16.1	Problem-focused discussion	
		16.2		
17.	Knowledge assessment	Points		
	17.1	Tests		Min. – Max.
			V semester – Medical psychology	
			Mid-term exam 1	21 - 40
			Final exam	21 - 40
			VI semester – Mental health	
			Mid-term exam 1	21 - 40
			Final exam	21 - 40
	17.2	Paper/project (written/oral presentation)		
	17.3	Active participation	Min. – Max. points in every semester	
			Theoretical lessons	5 - 10
			Practical lessons	5 - 10
	17.4	Active participation		Min. – Max
			Theoretical lessons	points 3 - 5
			Practical lessons	points 3 - 5
18.	Grading criterion (points/grades)	<60	5 (five) F	
		60-68	6 (six) E	
		68-76	7 (seven) D	
		76-84	8 (eight) C	
		84-92	9 (nine) B	
		92-100	10 (ten) A	
19.	Requirements for obtaining a signature and attending the final examination	To attend the mid-term exam, the student must regularly attend the theoretical lessons and seminars. The mid-term exam is in a written form. The final grade for the subject is formed according to the table for grading, and is based on the sum of the points from all the activities and the mid-term exam. The student must gain minimum (60%) of the points. On the other hand, if he doesn't, he must attend a complete final exam.		
20.	Language	Macedonian		
21.	Method of evaluating the quality of the lessons			
22.	Literature:			
	22.1	Mandatory literature		
		1.	Chadlovski, Filipovska I Belevska, Medical Psychology, Prosvetno delo, Skopje	
	22.2	Additional literature		
		1.	Chadlovski Gj., Psychiatry for Dentists, Prosvetno delo, Skopje	