



INTERNAL MEDICINE 360° A Holistic Approach to Internal Medicine / Diabetes and Gastroenterology Summit

13-15 June 2025

13th June 2025

- 14:30 - 15:00** **OPENING CEREMONY & INTRODUCTION**
Speakers: Prof. Dr. Abdalbaki KUMBASAR, Prof. Dr. Sema BASAT
- 15:00 - 15:45** **INNOVATIVE APPROACHES TO ORAL ANTIDIABETICS IN DAILY PRACTICE**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:00 - 15:15** **Indications for OAD Use**
Speaker: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:15 - 15:25** **Evolving Combination Therapies**
Speaker: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:25 - 15:35** **Managing OAD Side Effects**
Speaker: Ass. Prof. Taner HASAN
- 15:35 - 15:45** **Discussion and Q&A**
- 15:45 - 16:30** **ADVANCEMENTS IN ORAL ANTIDIABETIC TREATMENTS: BRIDGING GAPS IN CARE**
Chairman: Prof. Dr. Sema BASAT
- 15:45 - 16:05** **Personalized Therapy Selection**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 16:05 - 16:20** **Patient Compliance Strategies**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 16:20 - 16:30** **Discussion and Q&A**
- 16:30 - 17:00** **Coffee Break** 
- 17:00 - 18:00** **HYPERTENSION AND DYSLIPIDEMIA IN DIABETIC PATIENTS: A 360° APPROACH ACCORDING TO GUIDELINES**
Chairman: Prof. Dr. Abdalbaki KUMBASAR
- 17:00 - 17:25** **Hypertension Management in the Diabetic Patient**
Speaker: Ass. Dr. Biljana TODOROVA
- 17:25 - 17:50** **Dyslipidemia: When and How to Treat**
Speaker: Prof. Dr. Abdalbaki KUMBASAR
- 17:50 - 18:00** **Discussion and Q&A**

14th June 2025

- 09:00 - 10:00** **SYNERGY IN CARE: DPP-4 INHIBITORS AND COMBINED THERAPEUTICS**
Chairman: Prof. Dr. Ali ÖZDEMİR
- 09:00 - 09:25** **DPP-4 with SGLT-2 Inhibitors**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 09:25 - 09:50** **DPP-4 with Pioglitazone**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 09:50 - 10:00** **Discussion and Q&A**
- 10:00 - 10:30** **Coffee Break** 
- 10:30 - 11:30** **MASLD IN FOCUS: EARLY DETECTION, METABOLIC AND CARDIOVASCULAR IMPLICATIONS**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 10:30 - 10:55** **Early Detection and Intervention**
Speaker: Prof. Dr. Sema BASAT
- 10:55 - 11:20** **Metabolic and Cardiovascular Implications**
Speaker: Prof. Dr. Sema BASAT
- 11:20 - 11:30** **Discussion and Q&A**
- 11:30 - 12:30** **GOALS FOR THE DIABETIC PATIENT: HYPERTENSION, LIPIDS AND GLYCEMIA PRACTICAL GOALS AND METRICS TO ENSURE OPTIMAL HEALTH OUTCOMES**
Chairman: Asst. Prof. Irfan AHMETI
- 11:30 - 11:50** **Dyslipidemia Management in Diabetes**
Speaker: Ass. Prof. Irfan AHMETI
- 11:50 - 12:05** **Hypertension Targets and Strategies**
Speaker: Ass. Dr. Biljana TODOROVA
- 12:05 - 12:20** **Optimal Glycemic Goals**
Speaker: Ass. Ivana MLADENOVSKA STOJKOVA
- 12:20 - 12:30** **Discussion and Q&A**
- 12:30 - 13:30** **Lunch Break** 
- 13:30 - 14:30** **THE STATINS DILEMMA: EVIDENCE-BASED APPROACHES IN CLINICAL PRACTICE**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 13:30 - 13:55** **Optimal Timing and Patient Selection for Statin Use**
Speaker: Ass. Prof. Irfan AHMETI
- 13:55 - 14:20** **Monitoring and Managing Statin Therapy Side Effects**
Speaker: Ass. Prof. Taner HASAN
- 14:20 - 14:30** **Discussion and Q&A**
- 14:30 - 15:00** **Coffee Break** 
- 15:00 - 16:00** **VITAMIN AND SUPPLEMENT USE IN INTERNAL MEDICINE PRACTICE**
Chairman : Prof. Dr. Sema BASAT
- 15:00 - 15:25** **Vitamin D & Omega-3: When and How Much?**
Speaker: Prof. Dr. Abdalbaki KUMBASAR
- 15:25 - 15:50** **Panel Discussion and Case Reviews**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 15:50 - 16:00** **Discussion and Q&A**
- 16:00 - 17:00** **CASE STUDIES AND INTERACTIVE Q&A**
- 16:00 - 16:20** **Case Study 1:** Prof. Dr. Sema BASAT
- 16:20 - 16:40** **Case Study 2:** Prof. Dr. Ali ÖZDEMİR
- 16:40 - 17:00** **Case Study 3:** Prof. Dr. Abdalbaki KUMBASAR

15th June 2025

- 09:00 - 10:00** **IBD MANAGEMENT IN CLINICAL PRACTICE**
Chairman: Prof. Dr. Abdalbaki KUMBASAR
- 09:00 - 09:25** **Focus on Ulcerative Colitis**
Speaker: Assoc. Prof. Dr. Yasemin GÖKDEN
- 09:25 - 09:50** **Focus on Crohn Disease**
Speaker: Assoc. Prof. Dr. Yasemin GÖKDEN
- 09:50 - 10:00** **Discussion and Q&A**
- 10:00 - 10:30** **Coffee Break** 
- 10:30 - 11:30** **MASLD and MASH: GASTROENTEROLOGICAL CHALLENGES and NEW HORIZONS**
Chairman: Prof. Dr. Sema BASAT
- 10:30 - 11:00** **Identifying High-Risk Patients for Specialized Care**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 11:00 - 11:30** **Diabetic Fatty Liver (MASH): When to Refer to Gastroenterology?**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 11:30 - 12:00** **RATIONAL MEDICINE USE: REDEFINING BEST PRACTICES IN INTERNAL MEDICINE**
- 11:30 - 12:00** **Rational Use of Proton Pump Inhibitors (PPIs)**
Speaker: Prof. Dr. Abdalbaki KUMBASAR