



INTERNAL MEDICINE 360° A Holistic Approach to Internal Medicine / Diabetes and Gastroenterology Summit

13-15 June 2025, Limak Skopje Luxury Hotel



13th June 2025

- 14:30 - 15:00** **OPENING CEREMONY & INTRODUCTION**
Speakers: Prof. Dr. Abdalbaki KUMBASAR, Prof. Dr. Sema BASAT
- 15:00 - 15:45** **INNOVATIVE APPROACHES TO ORAL ANTIDIABETICS IN DAILY PRACTICE**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:00 - 15:15** **Indications for OAD Use**
Speaker: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:15 - 15:25** **Evolving Combination Therapies**
Speaker: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 15:25 - 15:35** **Managing OAD Side Effects**
Speaker: Ass. Prof. Taner HASAN
- 15:35 - 15:45** **Discussion and Q&A**
- 15:45 - 16:30** **ADVANCEMENTS IN ORAL ANTIDIABETIC TREATMENTS: BRIDGING GAPS IN CARE**
Chairman: Prof. Dr. Sema BASAT
- 15:45 - 16:05** **Personalized Therapy Selection**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 16:05 - 16:20** **Patient Compliance Strategies**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 16:20 - 16:30** **Discussion and Q&A**
- 16:30 - 17:00** **Coffee Break**
- 17:00 - 18:00** **HYPERTENSION AND DYSLIPIDEMIA IN DIABETIC PATIENTS: A 360° APPROACH ACCORDING TO GUIDELINES**
Chairman: Prof. Dr. Abdalbaki KUMBASAR
- 17:00 - 17:25** **Hypertension Management in the Diabetic Patient**
Speaker: Ass. Dr. Biljana TODOROVA
- 17:25 - 17:50** **Dyslipidemia: When and How to Treat**
Speaker: Prof. Dr. Abdalbaki KUMBASAR
- 17:50 - 18:00** **Discussion and Q&A**

14th June 2025

- 09:00 - 10:00** **SYNERGY IN CARE: DPP-4 INHIBITORS AND COMBINED THERAPEUTICS**
Chairman: Prof. Dr. Ali ÖZDEMİR
- 09:00 - 09:25** **DPP-4 with SGLT-2 Inhibitors**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 09:25 - 09:50** **DPP-4 with Pioglitazone**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 09:50 - 10:00** **Discussion and Q&A**
- 10:00 - 10:30** **Coffee Break**
- 10:30 - 11:30** **MASLD IN FOCUS: EARLY DETECTION, METABOLIC AND CARDIOVASCULAR IMPLICATIONS**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 10:30 - 10:55** **Early Detection and Intervention**
Speaker: Prof. Dr. Sema BASAT
- 10:55 - 11:20** **Metabolic and Cardiovascular Implications**
Speaker: Prof. Dr. Sema BASAT
- 11:20 - 11:30** **Discussion and Q&A**
- 11:30 - 12:30** **GOALS FOR THE DIABETIC PATIENT: HYPERTENSION, LIPIDS AND GLYCEMIA PRACTICAL GOALS AND METRICS TO ENSURE OPTIMAL HEALTH OUTCOMES**
Chairman: Asst. Prof. Irfan AHMETI
- 11:30 - 11:50** **Dyslipidemia Management in Diabetes**
Speaker: Ass. Prof. Irfan AHMETI
- 11:50 - 12:05** **Hypertension Targets and Strategies**
Speaker: Ass. Dr. Biljana TODOROVA
- 12:05 - 12:20** **Optimal Glycemic Goals**
Speaker: Ass. Ivana MLADENOVSKA STOJKOVA
- 12:20 - 12:30** **Discussion and Q&A**
- 12:30 - 13:30** **Lunch Break**
- 13:30 - 14:30** **THE STATINS DILEMMA: EVIDENCE-BASED APPROACHES IN CLINICAL PRACTICE**
Chairman: Assoc. Prof. Sasha JOVANOVSKA MISHEVSKA
- 13:30 - 13:55** **Optimal Timing and Patient Selection for Statin Use**
Speaker: Ass. Prof. Irfan AHMETI
- 13:55 - 14:20** **Monitoring and Managing Statin Therapy Side Effects**
Speaker: Ass. Prof. Taner HASAN
- 14:20 - 14:30** **Discussion and Q&A**
- 14:30 - 15:00** **Coffee Break**
- 15:00 - 16:00** **VITAMIN AND SUPPLEMENT USE IN INTERNAL MEDICINE PRACTICE**
Chairman : Prof. Dr. Sema BASAT
- 15:00 - 15:25** **Vitamin D & Omega-3: When and How Much?**
Speaker: Prof. Dr. Abdalbaki KUMBASAR
- 15:25 - 15:50** **Panel Discussion and Case Reviews**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 15:50 - 16:00** **Discussion and Q&A**
- 16:00 - 17:00** **CASE STUDIES AND INTERACTIVE Q&A**
- 16:00 - 16:20** **Case Study 1:** Prof. Dr. Sema BASAT
- 16:20 - 16:40** **Case Study 2:** Prof. Dr. Ali ÖZDEMİR
- 16:40 - 17:00** **Case Study 3:** Prof. Dr. Abdalbaki KUMBASAR

15th June 2025

- 09:00 - 10:00** **IBD MANAGEMENT IN CLINICAL PRACTICE**
Chairman: Prof. Dr. Abdalbaki KUMBASAR, Prof. Dr. Sophio BERIDZE
- 09:00 - 09:25** **Focus on Ulcerative Colitis**
Speaker: Assoc. Prof. Dr. Yasemin GÖKDEN
- 09:25 - 09:50** **Focus on Crohn Disease**
Speaker: Assoc. Prof. Dr. Yasemin GÖKDEN
- 09:50 - 10:00** **Discussion and Q&A**
- 10:00 - 10:30** **Coffee Break**
- 10:30 - 11:30** **MASLD and MASH: GASTROENTEROLOGICAL CHALLENGES and NEW HORIZONS**
Chairman: Prof. Dr. Sema BASAT, Dr. Teona VARSHALOMIDZE
- 10:30 - 11:00** **Identifying High-Risk Patients for Specialized Care**
Speaker: Prof. Dr. Ali ÖZDEMİR
- 11:00 - 11:30** **Diabetic Fatty Liver (MASH): When to Refer to Gastroenterology?**
Speaker: Prof. Dr. Yüksel ALTUNTAŞ
- 11:30 - 12:00** **RATIONAL MEDICINE USE: REDEFINING BEST PRACTICES IN INTERNAL MEDICINE**
- 11:30 - 12:00** **Rational Use of Proton Pump Inhibitors (PPIs)**
Speaker: Prof. Dr. Abdalbaki KUMBASAR

Scientific Committee

Prof. Dr. Abdalbaki Kumbasar
Bakırköy Dr. Sadi Konuk Training and Research Hospital
Prof. Dr. Sema Basat
Ümraniye Training and Research Hospital
Prof. Dr. Ali Özdemir
Fatih Sultan Mehmet Training and Research Hospital
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